Dawn Hope Foundation 2018 ANNUAL FUND



"Kindness is giving hope to those who think they are all alone in this world."
-RAKtivist

You <u>CAN</u> make a difference....

meaning and purpose?"

"Do you want to help intellectually & developmentally disabled men & women live a life full of

<u>YOU</u> can help someone like Julia – her uplifting story is one of many, but one that may not have been possible without **YOUR** gift - **GIVE TODAY!**

THANK YOU! – To the amazing people & businesses who have supported Dawn of Hope for more than 50 years! We are extremely grateful to everyone who has helped us provide person centered supports to help people pursue the life they desire. Through your gifts, generosity and dedication **YOU** have helped to bring life and opportunity to men and women with intellectual & developmental disabilities in Northeast Tennessee. Read on and enjoy a glimpse of Julia's journey....



Julia became a member of the Dawn of Hope family in 2009 when she joined the Residential and Developmental Day Programs. As most people are in a new environment, Julia was very quiet and struggled to make eye contact with people, preferring to fade into the background rather than interact. The first couple weeks were filled with uncertainty for Julia, but staff took it slow and spent a lot of time talking, asking questions and providing new experiences. At home, staff encouraged her to make choices about her daily living and assisted Julia with becoming competent in how to care for her home and herself. As her relationship and trust level with staff expanded, Julia truly came out of her shell. She began to speak up more about the things she wanted. Concurrently, in the developmental day program, Julia was excelling and decided that she wanted to focus her time in the pre-vocational skill development area where she could learn the skills she

would need to perform a job in the community. Staff explained, demonstrated and assisted Julia with a variety of tasks until she mastered each of these skills. With each skill mastered her confidence soared and she transitioned to working part time at the vocational workshop on a variety of hands-on contract work. She began earning a paycheck and exploring her options for community integrated employment.

You can help create opportunities that people may not have otherwise - Donate Today!

Unfortunately, shortly after starting at the vocational center, both her knees, which had been causing some issues, had degenerated to the point that she either needed to have double knee surgery or she would be confined to a wheelchair. Julia was determined to be as mobile as she had always been and decided that she wanted the surgery. It went off without a hitch! Determined to resume her work and community activities, Julia had many long, hard hours of physical therapy. It was a long road but this amazing woman fully recovered and continued to pursue her dream of employment in the community.

Each dollar raised will go to enhancing the lives of real people. Real people like Julia.

Today, Julia is a vibrant, caring woman and continues to work with the Dawn of Hope staff to learn additional life skills including food preparation, meal planning and gardening. She loves to make latch-hook items and beaded necklaces for herself and her friends. She is always on the go especially to her favorite place, Dollywood. Julia is able to do most things without assistance, clearly express her desires and recently accepted a full time position with Fidelitone. Through perseverance and growth Julia has changed her life, but without the support and care from Dawn of Hope, her story could have been much different.



Julia's story is just one example – there are so many more men and women who receive Dawn of Hope services that <u>YOU</u> can help by your <u>CONTINUED</u> financial support. <u>GIVE TODAY!</u>

Utilize the enclosed envelope or visit <u>www.dawnofhope.com</u> to donate online.

Thank you for caring & believing that everyone should have the opportunity to live a life of purpose & meaning!