

# The Sunrise

Dawn of Hope, Inc. | Johnson City, Tennessee

MARCH 2010 | FIRST EDITION

CHEROKEE DISTRIBUTING COMPANY PRESENTS:

## The Dawn of Hope Spring Luau

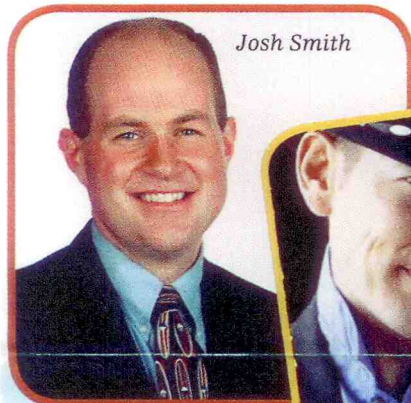
YOU COULD BE THE WINNER OF \$10,000!

Save the date! The Spring Luau will be hosted at The Carnegie Hotel on April 29, 2010 and you could take home the grand prize money. The doors open at 5:30 to begin the cocktail hour and silent auction with the live auction, raffle and heavy hors d'oeuvres to follow. Our emcee, Josh Smith of WJHL, will again team up with musical guest Lightnin' Charlie to entertain you for the evening.

The event continues to grow every year, so come be a part of our mission to enrich the lives of adults with intellectual and developmental disabilities.

If you would like to attend, donate an item for the auction, sponsor a table, or take part in the drawing for \$10,000, please fill out the enclosed form and mail it to the Foundation, Dawn of Hope, P.O. Box 30, Johnson City, TN 37605. Thank you in advance for your support!

For more information, please contact the Dawn of Hope Foundation at 423-722-1689 or by email at [brittanyshortt@dawnofhope.com](mailto:brittanyshortt@dawnofhope.com).



Josh Smith



Lightnin' Charlie

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### THE MISSION OF DAWN OF HOPE

The mission of the Dawn of Hope is to provide high quality, caring, individualized services to enrich the lives of adults with intellectual and developmental disabilities in Northeast Tennessee.



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Special thanks  
to the  
Dawn of Hope  
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## We love our new exercise equipment

THANK YOU, NITRO SWIMMING!

Thanks to a recent donation, the service recipients are exercising more than ever. In January, Nitro Swimming of Cedar Park, Texas, blessed us with eight new pieces of cardio equipment. We received our previous machines six years ago through a wellness grant—but when the grant ended the exercising did not. In fact, the service recipients exercised so



Becky, Jennifer, and Maureen try out the exercise bikes.

much that several of the machines were broken and barely working. One service recipient was so excited about the new equipment she told everyone she was “gonna make smoke come out of the treadmill!” Another service recipient who has not exercised in 10 months is now exercising again.

We are so proud of their efforts to lead healthy lives and we thank Nitro for helping us fulfill our mission to enhance the lives of adults with intellectual and developmental disabilities in Northeast Tennessee.



Left: Bud, Brian, and Joey all enjoy the cardio equipment donated by Nitro Swimming of Cedar Park, Texas.

### ORGANIZATION FACTS

**DAWN OF HOPE INC.**  
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Johnson City, TN 37605

**NEWSLETTER CONTENT**

Contributed by Lee Chase and  
Brittany Wilson Shortt

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